

Lawrence St. Patrick's Day Parade Committee Presents

**Shamrock Shuffle
5K Road race & 2 Mile Fun Walk**

- Time/Place:** March 6th race time 8:00am at the Flamingo Club
at 501 North 9th in North Lawrence.
- Registration:** At the Flamingo Club prior to race approximately 7:00am to race time.
Runners registered after 7:30am will not be posted in results
- Awards:** Overall Male/Female, 3-Deep Male/Female (10 age groups)
- Entry:** **\$20.00** donation postmarked **prior to March 2nd** or **\$25.00 on race day**.
Unique color 100% cotton T-Shirt for participants.
Late registrants are NOT guaranteed a T-Shirt day of the race.
T-Shirts will not be mailed if not picked up race day.

Race participants will be given an Irish breakfast compliments of the Flamingo and Sponsors.
Questions? Please call: 749-6677
St. Patrick's Day Parade Committee event

Proceeds of the race benefit the local children's charities selected by the Lawrence St. Patrick's Day Parade.

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Fill out form completely to be posted on race results that day.

MAIL ENTRY TO: SHAMROCK SHUFFLE P.O. BOX 1702 LAWRENCE, KS 66044

Make Checks Payable To: Lawrence St. Patrick's Parade

Last name	First name	MI	Male/Female		
Address	City	State	Zip	Phone	
Email	Age	Birth date	Shirt size: S M L XL		

WAIVER OF LIABILITY

IN CONSIDERATION OF MY PARTICIPATION IN THIS EVENT, I, THE UNDERSIGNED, INTENDING TO BE LEGALLY BOUND, HEREBY, FOR MY HEIRS, EXECUTORS & ADMINISTRATORS, WAIVE & RELEASE ANY AND ALL CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE LAWRENCE ST. PATRICK'S DAY PARADE COMMITTEE & ANY SPONSOR/OR MEMBERSTHEREOF FOR ANY & ALL INJURIES BY ME IN THIS EVENT. I HEREBY ASSUME THE RISK OF PARTICIPATING IN THIS EVENT. I ATTEST & VERIFY THAT I AM PHYSICALLY FIT & SUFFICIENTLY TRAINED FOR THE COMPETITION OF THE EVENT. I HEREBY AGREE THAT IN THE EVENT OF THE CANCELLATION OF THIS EVENT DUE TO STORM, RAIN, WINDS, INCLEMENT WEATHER OR OTHER "ACTS OF GOD" MY REGISTRATION FEE SHALL NOT BE REFUNDED.

Signature _____ Parent's Signature if under 18 yrs. _____



*The Lawrence
St. Patrick's Day Parade
Committee Presents*



**The Annual Shamrock Shuffle
5K Run/Fun Walk**

Sponsored by: Anthony Chiropractic and
McDonald Family Chiropractic

When: 8:00 am Saturday March 6th, 2010
Registration begins at 7:00 am at the Flamingo
Late entries after 7:30 am will not be posted

Where: North Lawrence at the Flamingo

Race participants receive a T-shirt and
an Irish breakfast compliments of the Flamingo.

The 2010 St. Patrick's Day Parade beneficiaries are:

Women's Transitional Care Services
Douglas County CASA
Family Promise
VanGo
Lawrence Humane Society

Fill in the attached form and send to:

Lawrence St. Patrick's Day Parade
P.O. Box 1702
Lawrence, KS 66044