

Join us for the 27th Annual Shamrock Shuffle 5K/10K run on Saturday, March 5th at Johnny's Tavern in North Lawrence.

This year all proceeds from the Shamrock Shuffle go to The Shelter, Inc. in support of the children in our community.

Shamrock Shuffle Participants Receive:

- An Event Shirt: (10K tech shirt or standard 5K shirt) or Gloves
- Post-Race Irísh Breakfast and/or Pancakes
- Electronic Chip Timing
- Multiple Age Group Awards

Sponsored by: Anthony Chiropractic | Scott Temperature | McDonald Family Chiropractic | Running for the Hill of It

for more information, call 785.843.2244

Shamrock Shuffle 5K/IOK Run

Runner Information

Name

Phone

Email

Address

City, State, Zip

Date of Birth

Race Choice: 5K or 10K

T-Shirt (circle choice)

Youth Shirts 5K Youth S M L 10K Youth S M L

Gloves

Adult Shirts 5K Adult S M L XL XXL XXXL 10K Men XS S M L XL XXL 10K Women XS S M L XL XXL

5K participants can upgrade to the 10K tech shirt for \$10. Runners can also purchase additional tech shirts

Suggested Donation (by Date)

for \$35. Purchase extra shirts? QTY:

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\$30	from 1/1-1/3	\$40
\$40	from 2/1-2/27	\$50
\$45	after 2/28	\$55
\$50		
	\$40 \$45	\$40 from 2/1-2/27 \$45 after 2/28

Event Waiver

In consideration of my participation in this event, I, the undersigned, intending to be legally bound, hereby, for my heirs, executors and administrators, waive and release any and all claims for damages I may have against the Lawrence St. Patrick's Day Parade Committee, RaceDay Timing Solutions, The City of Lawrence, KS and any sponsor/or member thereof for any and all injuries by me in this event. I hereby assume the risk of participating in this event. I attest and verify that I am physically fit and sufficiently trained for the competition of the event. I hereby agree that in the event of the cancellation of this event due to storms, rain, wind, inclement weather or other "acts of God," my (tax deductable) dona tion shall not be refunded

Payment Information | Circle Payment Choice

MC | Visa | Discover | AMEX

Card No.

Expiration

CVC Code

Signature

Check | Make payable to Shamrock Shuffle.

Mail payment and form to: Lawrence St. Patrick's Day Parade, P.O. Box 1702, Lawrence, KS 66044.