Lawrence St. Patrick's Day Parade Committee Presents

Shamrock Shuffle 5K Road race & 2 Mile Fun Walk

| Time/Place: | March 7 th race time 8:00am on the Levee behind Johnny's Tavern. | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| Registration: | Johnny's Tavern prior to race approximately 7:00am to race time. | | | |
| Awards: | Runners registered after 7:30am will not be posted in results Overall Male/Female, 3-Deep Male/Female (5 age groups) | | | |
| Entry: | \$20.00 donation, postmarked prior to March 3 rd or \$25.00 on race day . Unique color 100% cotton T-Shirt for participants. Late registrants are <u>NOT</u> guaranteed a T-Shirt day of the race. T-Shirts will not be mailed if not picked up race day. | | | |
| Race participants will be given an Irish breakfast compliments of Johnny's. Questions? Please call: 749-6677 St. Patrick's Day Parade Committee event | | | | |
| Dropped of the roop han of | it the local children's charities selected by the Lawrence St. Detrick's Day Davide | | | |

Proceeds of the race benefit the local children's charities selected by the Lawrence St. Patrick's Day Parade.

Fill out form completely to be posted on race results that day.

MAIL ENTRY TO: SHAMROCK SHUFFLE P.O. BOX 1702 LAWRENCE, KS 66044

Make Checks Payable To: Lawrence St. Patrick's Parade

| Last name | First name | MI | Mal | le/Female |
|-----------|------------|------------|-------------|-----------|
| Address | City | State | Zip | Phone |
| Email | Age | Birth date | Shirt size: | S M L XL |

WAIVER OF LIABILITY

IN CONSIDERATION OF MY PARTICIPATION IN THIS EVENT, I, THE UNDERSIGNED, INTENDING TO BE LEGALLY BOUND, HEREBY, FOR MY HEIRS, EXECUTORS & ADMINISTRATORS, WAIVE & RELEASE ANY AND ALL CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE LAWRENCE ST. PATRICK'S DAY PARADE COMMITTEE & ANY SPONSOR/OR MEMBERS THEREOF FOR ANY & ALL INJURIES BY ME IN THIS EVENT. I HEREBY ASSUME THE RISK OF PARTICIPATING IN THIS EVENT. I ATTEST & VERIFY THAT I AM PHYSICALLY FIT & SUFFICIENTLY TRAINED FOR THE COMPETITION OF THE EVENT. I HEREBY AGREE THAT IN THE EVENT OF THE CANCELLATION OF THIS EVENT DUE TO STORM, RAIN, WINDS, INCLEMENT WEATHER OR OTHER "ACTS OF GOD" MY DONATION SHALL NOT BE REFUNDED.



The Lawrence St. Patrick's Day Parade Committee Presents



The Twentieth Annual Shamrock Shuffle 5K Run / 2 mile Fun Walk

Sponsored by: Dr. Anthony's Leander Technologies and McDonald Family Chiropractic

When:

8:00 am Saturday March 7th, 2009 Registration begins at 7:00 am in Johnny's Late entries after 7:30 am will not be posted

Where:

North Lawrence on the Levee behind Johnny's Tavern

Race participants receive a T-shirt and an Irish breakfast compliments of Johnny's Tavern.

The 2009 St. Patrick's Day Parade beneficiaries are:

Boys and Girls Club of New York Elementary School Lawrence Parents as Teachers GaDuGi Safe Center LHS-Positive Support Team



Fill in the attached form and send to:

Lawrence St. Patrick's Day Parade P.O. Box 1702 Lawrence, KS 66044

